NHS PHARMACY FIRST SERVICE

WHAT ARE THE SEVEN COMMON CONDITIONS?

This service enables patients in England to access advice and if appropriate treatment for the following conditions from Boots pharmacies, without the need for an appointment or a prescription If you have any concerns about your health you should seek advice from a healthcare professional.

CONDITION

TYPICAL SYMPTOMS INCLUDE



Sinusitis

- Pain, swelling, tenderness around your cheeks, eyes or forehead
- Sinus headache
- Blocked nose



Sore throat

- Painful throat, especially when swallowing
- Dry, scratchy throat
- Redness in the back of your mouth



Earache

A young child might have earache if they:

- Rub or pull their ear, or do not react to some sounds
- Have a temperature of 38C or above
- Are irritable or restless, or off their food



Infected insect bite

An insect bite or sting:

- Pain where you were bitten or stung
- A small, swollen lump on the skin

If infected:

- The area may become more swollen and painful
- There's pus, which indicates an infection



Impetigo

Red sores or blisters, which can quickly burst and leave crusty, golden-brown patches

The patches can:

- Get bigger
- Spread to other parts of your body
- Be itchy



Shingles

- Tingling or painful feeling in an area of skin
- Headache or feeling generally unwell
- A rash will appear a few days later, as blotches on your skin on one side of your body only



Uncomplicated urinary tract infections (UTIs) in women

- Pain or burning sensation when peeing
- Needing to pee more often than usual, during the night or suddenly/more urgent than usual
- Pee that looks cloudy or has blood
- Lower tummy pain or pain in your back, just under the ribs

Boots has 2,100 stores across the UK and over 2,000 have a pharmacy where over 4,300 pharmacists are supported by over 12,900 pharmacy technicians, dispensers, advisors and healthcare sales assistants.**

Over 80% of the population lives within 10 minutes of a Boots store, most are open at weekends and many after 6pm.

